



Discover

Mind your Mind

Developing Healthy Mental Habits

Romans 12:2 (NIV)

² Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.

Romans 12:2 (NLT)

² Don't copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. ...

Romans 12:2 (TPT)

² Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think.

7 Questions to lead a DISCOVERY group

1. What are you thankful for? (*Introduces people to true worship of God*)
2. How are you or people you know struggling and how can this group help? (*Introduces authentic community and ministry*)
3. Did you do what you committed to do last time? (*Introduces testimony and faith*)
4. What does the Scripture today say to you? (*Introduces the Holy Spirit as the teacher*)
5. What does this passage mean to you? (*Introduces hearing God through the Word*)
6. How will you obey? (*Introduces obedience-based faith – not head knowledge “If you love me, you will obey me”*)
7. Who will you tell? (*Introduces multiplication and movement so that urban area can be reached*)

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